



AI REFLECTION TOOL

STEP 1: ONE THING ABOUT AI THAT EXCITES YOU

WHAT IT IS:

WHY IT EXCITES YOU:

STEP 2: ONE THING ABOUT AI THAT YOU FEAR

WHAT IT IS:

WHY YOU FEAR IT:

STEP 3: ONE SKILL YOU'LL NEED TO STAY RELEVANT

SKILL:

HOW IT HELPS:

STEP 4: ONE ACTION YOU CAN TAKE THIS WEEK

ACTION:

WHY IT MATTERS NOW: