



# CELEBRATE WINS TOOL

## STEP 1: WHAT DID YOU DO WELL TODAY?

---

BIG OR SMALL. WRITE IT DOWN.

## STEP 2: WHY DID THIS MAKE AN IMPACT?

---

HOW DID IT MOVE YOU CLOSER TO YOUR GOALS?

## STEP 3: HOW WILL YOU REWARD YOURSELF?

---

SIMPLE ACTION TO MARK THE WIN.